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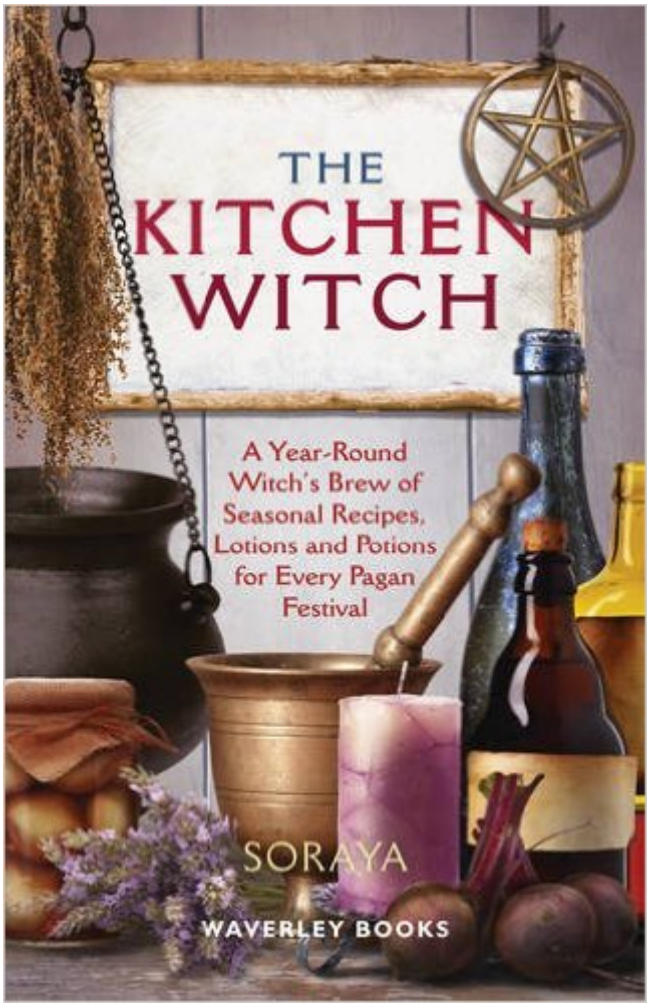
The Kitchen Witch: A Year-round Witch's Brew Of Seasonal Recipes, Lotions And Potions For Every Pagan Festival



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Synopsis

You don’t need to be Wiccan to enjoy this friendly book of home cooking and natural remedies. To the kitchen witch, every recipe is like a little spell bringing the opportunity to create love and positive energy in the home and for loved ones. This year-round guide to seasonal recipes and rituals for all the pagan festivals, will be invaluable to Wiccans wishing to celebrate the good things that are given to us by the land. Wicca is a peaceful, balanced and harmonious way of life.The word ’witch’ comes from the words ’wise’ or ’wisdom’ and witches or Wiccans originally were called ’The Wise Ones.’ They also study natural remedies and the infl uences of the cycles of the moon and the planets. Witches seek to harm noone, knowing that the energy they send out comes back threefold. The Kitchen Witch follows the eight pagan festivals: Samhain, Yule, Imbolc, Ostara, Beltane, Litha, Lughnasadh and Mabon. This book is about being at one with nature, and the four elements. During these festivals birth, life, death, rebirth and union are celebrated. The celebrations involve sharing food with loved ones or friends. Each of the eight festivals has delicious recipes using a variety of seasonal foods and foods commonly found in most kitchens. There is also information on herbs, plants, spices, fl owers and essential oils that you can use for spell or circle work, and homemade lotions and potions. This book is a guide for the everyday witch that can be enjoyed by everyone. Soraya is a white witch, and an internationally renowned author and psychic. She writes for The Weekly News, a leading weekly paper. She is the author of Tarot, Spells, Psychic Powers and Runes.

Book Information

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Customer Reviews

This book is a great resource for someone starting out on a hearth/kitchen witch path, or for those building a library of Kitchen Witch resources. There is a chapter for each sabbat, with a variety of seasonal recipes for each, as well as corresponding crystals, incense, and a ritual. There are also resources on stocking a magical kitchen, basic recipes for cooking essentials (stock, bread, rice) a convenient herb and spice guide, and also a magical flower guide. The last chapter has information on natural cleaning, lotions and potions. It is only a few pages, so I wish this chapter could have been longer. I would have also liked to see a chapter on moon phases and cooking. Overall, this book is nothing groundbreaking, but it's nice to have all of this information in one place, and the recipes look good, easy, and seasonal (haven't tried any yet). The recipes have both US and Metric units, which is helpful. One of the things i love most about this book are the sweet illustrations on most of the pages. Overall, this is a beautiful addition to my cooking library.

This book is laid out well, interesting, organized, and enjoyable to read. It has history, culinary and magical uses for herbs and spices, and many great recipes that are organized by each festival. The recipes are with common household foods, herbs and spices. I don't have to go searching for crazy, unheard of items.

Every kitchen should have this book. I spend most of my time in the kitchen and I'm always looking for new and interesting ideas for things to make. This book was very well organized and laid out. I was almost afraid that some of the ingredients would have to be found in specialty shops but I have yet to come across anything like that in this book.

I like that she touched base on all the Sabbaths in this book, with a few spells. I will use her recipes as a guide to cook foods related to each Sabbath. She discusses magical properties for the different herbs and spices also. There is not much else the book. Should have a different title. Almost misleading. It's a book of Sabbaths. Not much kitchen here. I do appreciate her way of cooking. As discussed in another review that was speaking negatively on this book and of the authors views on cooking from scratch. Reviewer stated this book made her feel guilty for not having enough time to feed her family in that way. That quote made me purchase this book because wether or not You have time to cook that way, it IS how we should be cooking. Especially if you want to follow a pagan/Wiccan life style "harm none". Processed foods are poisonous. It may not kill you with one bite, but poison it is. What magical recipes would YOU rather cook up in the kitchen? We can aways

learn new skills. Even better when they are to are families benefit.

The receipes make the mouth drool. The Craft is based on a Pagan lifestyle. Pagan literally means "country dweller". The book successfully follows the season and the care of food and serving to loved ones is a treasured way of life for a Wicth. Kudos!

Easy to read, very informative. Lots of additional information about correspondences, scents, and all kinds of stuff to keep your home and table seasonally appropriate.

This has been a go to for me when it comes to celebrations. My husband is Pagan and I was raised Catholic. I honestly had no idea when it came to Pagan holidays but my husband isn't a cook and we live so far away from his family so it's up to me to help him in his religion. While I don't necessarily participate in his rituals I have no issues with my own religion to help him with the cooking. This book has some great recommendations for festivities and it has very simple and delicious recipes. We had a delicious recipe from the book for Beltane that was lemon chicken with lavender lemonade. This book also has some how to guides on holidays. For example it explains the May Pole and what it symbolizes. This has been a great addition to my cook book collection.

The recipes in this book are perfect. I recently used some Samhain recipes and Yule recipes. They are easy to use and very tasty!! The writing is easily understood and the ritual suggestions are a great reminder and something you can add on to.

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